

Elevate Quick User Guide



Placement of the Elevate Cushion

With the client lying in supine, gently lift lower legs and place the Elevate Cushion directly under the legs allowing clearance below the knees. Heels should be suspended and free of any contact with the mattress surface. GripEx fabric on the bottom cover will reduce movement of the cushion against the mattress surface or bedding

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Product not recommended for clients with knee contractures that can affect proper positioning of the Elevate cushion and cause increased pressure to the popliteal fossa or prevent clearance of the heels. Product not recommended for clients with open ulcers on the back of the lower extremities. Product not recommended for clients with severe arterial insufficiency. Specific clinical applications should be based on client physical and functional assessments.

Daily Use and Care

Product should be placed widthwise and upright with lateral side bolsters parallel to mattress edges. Check that heels are not in contact with the mattress surface. Check for skin redness or irritation on contact areas

Cover Care and Cleaning

The cover is designed with pressure distribution characteristics to support urethane and viscoelastic foams with optimal performance. It is not recommended that additional sheets or incontinence pads be placed on top of the product cover as they can reduce immersion and create fabric wrinkles/creases which can lead to pressure points.

Covers can be laundered and can be wiped with hospital grade disinfectants using wipes or soft cloth.

See full list of recommended cleaners

<https://essentialmedic.wpenginepowered.com/wp-content/uploads/2020/04/Emp-List-of-Approved-Emerision-Cleaning-Products-2020-04-18.pdf>

The Evergreen Elevate should only be used under the guidance of a health professional. Specific clinical applications should be based on client physical and functional assessments.